

Pre-intermediate Workout

Unit 3 What a Healthy Life! – Listening

Pre-listening

1 Circle the words linked to what is 'healthy' or 'unhealthy' and then complete the definition.
With the leftover letters you can complete the two sentences about a famous film star.

E	E	C	O	L	O	G	I	C	A	L	O	N	A	R
H	D	O	N	U	T	R	I	T	I	O	U	S	I	C
A	D	D	I	T	I	V	E	A	P	R	I	O	I	S
R	T	H	E	G	P	E	S	T	I	C	I	D	E	S
M	R	O	R	G	A	N	I	C	E	E	N	E	S	T
F	S	T	A	R	O	H	E	A	L	T	H	Y	F	O
U	L	L	Y	W	P	O	L	L	U	T	I	O	N	O
L	O	D	G	E	T	S	A	R	O	U	N	D	B	I
G	R	E	E	N	H	O	U	S	E	C	Y	C	L	E
V	E	G	E	T	A	B	L	E	G	A	R	D	E	N

Did You Know?

.....

L _____

D _____

“ _____ ”

H _____

HE _____

NEW YORK BY _____

- 1 *additive*: a substance put in food to make it last longer
- 2 _____ : a glass structure used for growing plants
- 3 _____ : something that is bad for us
- 4 _____ : chemicals used for killing insects
- 5 _____ : chemicals and other substances that damage the environment
- 6 _____ **food**: food produced without the use of chemical fertilizers
- 7 _____ **environment**: the protected surroundings in which a person or plant lives
- 8 _____ **diet**: good food that people eat in order to stay fit
- 9 _____ : efficient food that is good for you
- 10 _____ : a piece of ground used for growing carrots, potatoes, lettuce, etc.

While-listening

TR 3 What a Healthy Life!

2 Listen and decide if the following sentences are True (T) or False (F).

	T	F
1 Organic food isn't as healthy as foods full of additives.	<input type="checkbox"/>	<input type="checkbox"/>
2 Eating home-grown food is much tastier than factory produced food.	<input type="checkbox"/>	<input type="checkbox"/>
3 Organic food is richer in vitamins and minerals than traditional food.	<input type="checkbox"/>	<input type="checkbox"/>
4 Fruit and vegetables aren't much more nutritious than junk food.	<input type="checkbox"/>	<input type="checkbox"/>
5 Leonardo Di Caprio is the greenest stars in Hollywood.	<input type="checkbox"/>	<input type="checkbox"/>
6 Michael Bloomberg is the least ecological mayor New York has ever had.	<input type="checkbox"/>	<input type="checkbox"/>
7 Soon there will be lots of windmills on the roofs of the skyscrapers.	<input type="checkbox"/>	<input type="checkbox"/>
8 In the next ten years more than a thousand trees will be planted in New York.	<input type="checkbox"/>	<input type="checkbox"/>

Post-listening

3 Now put the following sentences in the right order.

- 1 to live – organic food – an ecological environment – more and more people – in a healthier way, – and living in – are trying – by eating
- 2 and salad – Michelle Obama – in the White House – a vegetable garden – has created – with peppers, tomatoes, spinach
- 3 will be – by 2012 – more ecological – also all taxis