

## TRACK 1

### Unit 1, exercise 2, page 6

- Boy** Well, what's he doing? He's playing football.  
**Girl** Yes, they play football on Mondays, Wednesdays and Fridays.  
**Boy** OK. He has also got a tennis racquet, so what days do they play tennis?  
**Girl** Hmm... They play tennis on Monday, Wednesdays and Fridays!  
**Boy** Ok, so it depends on what he's doing tonight... There's a ticket for a concert in his bag. What day do they go to a concert?  
**Girl** On Wednesday! So it's Wednesday!

## TRACK 2

### Unit 1, exercise 1, page 8

1. What does the girl usually do on Saturday night?

- Boy** So, what do you usually do on Saturday night?  
**Girl** Well, I usually go to the cinema.  
**Boy** Oh, I don't really like going to the cinema.  
**Girl** No? I love it!

2. What is the girl doing now?

- Mum** Anna?  
**Girl** Yes, mum!  
**Mum** Where are you and what are you doing?  
**Girl** I'm upstairs making my bed!

3. When is the football match?

- Boy** Hello.  
**Girl** Hi, Julian. This is Sally!  
**Boy** Hi, Sally! How are you?  
**Girl** Fine, thanks. Listen, when is the football match?  
**Boy** It's on Thursday evening at seven o'clock.

4. Where are they?

- Girl** I love Rome, it's beautiful, Dad!  
**Dad** Yes, I know!  
**Girl** I especially like the Coliseum and the Spanish steps,  
**Dad** Yes, me too!

5. What is Caroline wearing?

**Mum** Oh, you look lovely, Caroline!  
**Girl** Thank you, Mum!  
**Mum** I really like the brown shirt.  
**Girl** Yes, it looks good with this denim jeans.

6. How does Bill go to work?

**Woman** How do you go to work then, Bill?  
**Man** I usually go by bike.  
**Woman** Oh yes, me too. It's cheap and fast.

### TRACK 3

#### Unit 1, exercise 3, page 11

Say this sharply, say this sweetly,  
Say this shortly, say this softly.

### TRACK 4

#### Unit 2, exercise 1, page 12

**Robin** What was the question again?  
**Jennie** Which of these is not the title of a pop song? a) Early winter, b) Summertime, c) Grand theft Autumn, or d) Spring rains?  
**Robin** Well, I know Early Winter was Gwen Stefani's song, and I think b) and c) were songs too so...  
**Jennie** SH! Let's put d) then! Right, next question.  
**Quiz master** Question two. Who was the first man on the moon? Was it a) Neil Armstrong, b) Yuri Gagarin, c) Alan Shepard or d) Gus Grissom  
**Robin** I think it was Neil Armstrong, because Yuri Gagarin and Alan Shepard were the first and second men in space and I don't know who Gus Grissom was!  
**Jennie** I agree, it was definitively a).  
**Quiz master** An English history question now. How many times was King Henry VIII of England married? Was it a) three times, b) four times, c) five times or d) six times.  
**Robin** Our history lessons last term were about Henry VIII. Let me see, there were...  
**Jennie** SHHHH! We don't want to help the other contestants!  
**Robin** Sorry! I think there were at least four wives. There were two Annes and two Katherines.  
**Jennie** What was that rhyme about Henry's wives? Wasn't it something like 'divorced, beheaded, died, divorced, beheaded, survived'?

**Robin** Oh yes! So that means there weren't four wives but six wives!  
**Jennie** SHHHH!

## **TRACK 5**

### **Unit 2, exercise 4, page 13**

**Man** That was the third time today!

**Man** So, how was your daughter's eighteenth birthday party?

**Woman** Oh, it was wonderful! She's planning her twenty-first already!

**Boy** When was the meeting again?

**Girl** It's on the 26<sup>th</sup> of June.

**Boy** I'm really pleased! I was fourteenth in the race. I was only fifteenth last time!

**Girl** We were in Ireland from the twenty-fourth to the thirty first.

## **TRACK 6**

### **Unit 2, exercise 5, page 13**

Alfred Hitchcock was a film director born in London on 13 August, 1899.

Amerigo Vespucci was an explorer born in Florence Italy on 9 March 1454.

Florence Nightingale was a nurse in the Crimean war born in Florence, Italy on 12 May 1820.

Joan of Arc was a soldier and a leader born in France on January 6, 1412.

Leonardo da Vinci was an artist and inventor born near Vinci, Italy on April 15, 1452.

Marie Sklodowska Curie was a scientist born in Poland on 7 November 1867.

Nelson Rolihlahla Mandela was a president and a politician born in South African on 18 July 1918.

Rosa Louise McCauley Parks was an African American activist born in the USA on 4 February 1913

## **TRACK 7**

### **Unit 2, exercise 1, page 14**

**Girl** Were you at the party yesterday?

**Boy** Yes, I was.  
**Girl** Was it good?  
**Boy** No, it wasn't really!  
**Girl** Oh! Were there many people there?  
**Boy** Yes, there were.  
**Girl** Was there any music?  
**Boy** Yes, there was a good DJ and there were lots of party decorations and food.  
**Girl** So, why wasn't it a good party?  
**Boy** Because you weren't there!

## **TRACK 8**

### **Unit 2, exercise 3, page 17**

**Boy** When and where were you born?  
**Man** I was born on 7th May 1961 in Basingstoke, England.

**Boy** What was the most exciting day when you were a child?  
**Man** When was at Wembley stadium to see my favourite football team, West Ham United, play in the F.A Cup final.

**Boy** When was that?  
**Man** In May 1975, just after my fourteenth birthday.

**Boy** Who were you with?  
**Man** I was with your granddad and my friend David.

**Boy** Who was the other team and who was the winner?  
**Man** It was Fulham but we were the winners!

**Boy** What was the atmosphere like?  
**Man** There were a lot of people in the stadium. Everybody near me was very happy and singing. It was great!

## **TRACK 9**

### **Unit 2, exercise 4, page 17**

The thirty-three thieves thought that they thrilled the throne throughout Thursday.

## **TRACK 10**

### **Unit 3, exercise 1, page 18**

Yesterday we visited Cork, a city in the south of Ireland. I liked it a lot - it was like Venice until the 1800's, but then they filled in the canals to make streets. The city centre is on an island, so we crossed a lot of bridges! We walked along St. Patrick Street, then we stopped in a bar and watched the shoppers passing by.

There is a Radio Museum in Cork with an exhibition about Guglielmo Marconi – we studied him at school. It is inside an old prison - I didn't like that part very much, but the museum was very interesting!

### **TRACK 11**

#### **Unit 3, exercise 4, page 19**

**/d/**

like – liked

play – played

smile – smiled

stop – stopped

study – studied

**/t/**

ask – asked

miss – missed

switch- switched

walk – walked

watch – watched

**/id/**

chat – chatted

decide – decided

paint – painted

rent – rented

visit – visited

### **TRACK 12**

#### **Unit 3, exercise 5, page 21**

**Annette** Hi, is that Jeff?

**Jeff** Hi, Annette! I tried to phone you last night!

**Annette** Last night? Oh, I was at a disco – I danced all night!

**Jeff** Nice! Did you have a good time?

**Annette** Yes I did -- it was great! Berlin is great!

**Jeff** What did you do on your first night?

**Annette** Oh, I stayed in, I was tired after the journey. I watched a film. But on Saturday I visited the Berlin Zoo – there are some wonderful animals.

**Jeff** Berlin... I liked Berlin when I visited... Did you learn any German?

**Annette** Mmm... No, I didn't.

### **TRACK 13**

#### **Unit 3, exercise 4, page 23**

Inventive inventors invented inventions.

### **TRACK 14**

#### **Unit 4, exercise 5, page 25**

**Man** Excuse me, can you tell me the way to the station?

**Woman** Yes. Go straight along North Street. Go across the roundabout and the station is on your left.

**Woman** Excuse me, can you tell me where the supermarket is?

**Man** The supermarket? OK. Turn right into High street. Then turn right again over the bridge. The supermarket is opposite you.

**Girl** Excuse me, is this the right way for the school?

**Boy** Pewsey Vale School? Yes. You go straight ahead, past the bus stop. Then you go across the roundabout and turn left into Wilcott Road. Go along Wilcott road: the school is on your left, next to the sports centre.

**Woman** Excuse me. Where is the bank, please?

**Man** It's over there. Turn right here. Go along High street and the bank is on your right.

### **TRACK 15**

#### **Unit 4, exercise 5, page 27**

**Woman:** Excuse me, can you tell me the way to the post office?

**Man:** Yes, you go straight along this road, turn left, then take the second right. It's opposite the bus stop.

**Woman:** So, straight ahead. Second right then second left?

**Man:** No, I said, left, then second right.

**Woman:** Oh, OK. Is it far?

**Man:** Not really. About 500 metres.

### **TRACK 16**

#### **Unit 4, exercise 2, page 29**

A Swan swam over the sea;  
Swim, Swan, swim!

A Swan swam back again;  
Well swum, Swan!

## **TRACK 17**

### **Unit 5, exercise 1, page 30**

- Robin** What's Philip like?  
**Jennie** Oh, he's very good-looking, and very intelligent! He's the best-looking and most intelligent cousin I've got... He's always cheerful too – he's great fun!
- Robin** Ok, what does he look like?  
**Jennie** Well, he's got short hair. He's thinner than you, and he's tall – as tall as you.
- Robin** Oh, is that him?  
**Jennie** No, Philip's hair is shorter than his.  
**Robin** Ah, here he is! That boy's got very short hair!  
**Jennie** Yes, but that isn't him. Philip's got green eyes, that boy has got brown eyes.
- Robin** Green! Brown! It's all the same to me!  
**Jennie** There he is!  
**Robin** Hmm... he's wearing sunglasses so I can't see the colour of his eyes!

## **TRACK 18**

### **Unit 5, exercise 1, page 34**

Roll up, roll up! Forest's Super Circus is in town! It's the most exciting show in the world – we have got the most dangerous animals in town, they are more dangerous than any you can see in the zoo. Come and watch Tony the lion trainer play with the lions – how does he do it? He is braver than anyone I know!

Fonzie the clown performs his funniest tricks to entertain you, he gets funnier every year, so don't miss him!

Torville and Dylan are the most beautiful and daring acrobats in the world, they do the most amazing stunts from the roof of the circus tent.

Come to Forest's and see Ivan, the strongest man in Europe – he can lift anything – then there's Oscar the fire eater, eating the hottest dinner you can imagine!

My name is Mr. Hoffle, the best ringmaster for the best circus in the world!

## **TRACK 19**

### **Unit 5, exercise 4, page 35**

The biggest builder building a bigger building.

## **TRACK 20**

**Unit 6, exercise 1, page 36**

When I arrived at the scene of the crime it was 8 o'clock in the evening and it was raining.

The door was open but the window was closed.

There were fingerprints on the window.

There were footprints on the floor between the window and the table.

There were some glasses in front of the sofa bed.

In the bin there was an empty crisp packet.

There was a piece of material in the wardrobe

There was a bottle and two glasses next to the fridge.

**TRACK 21**

**Unit 6, exercise 4, page 37**

1. When I arrived, he was just leaving the party.
2. You weren't listening to me!
3. Who were the people working in the kitchen yesterday? It's a real mess!
4. Julian wasn't looking very happy yesterday. What did you say to him?

**TRACK 22**

**Unit 6, exercise 5, page 37**

1. What were you doing yesterday afternoon?
2. Where different subjects were you studying two years ago?
3. What were you dreaming about last night?
4. Where were you staying on holiday last summer?
5. Who were you talking to on the phone last?

**TRACK 23**

**Unit 6, exercise 4, page 39**

**Man** Was it raining yesterday afternoon?

**Boy** Yes, it was.

**Man** What were you doing?

**Boy** I was doing my homework.

- Man**           What were you wearing?  
**Boy**            I was wearing my pyjamas.
- Man**           Was there anybody with you?  
**Boy**            No, there wasn't. I was alone.
- Man**           Did you talk to anybody on the telephone?  
**Boy**            Yes, I did. My mother.
- Man**           Did you have anything to eat?  
**Boy**            A cup of tea and a piece of toast.

## **TRACK 24**

### **Unit 6, exercise 6, page 39**

What a day! First I missed the bus. Then I started to walk. Next I got lost. Finally I came home.

## **TRACK 25**

### **Unit 6, exercise 1, page 40**

When I got to the house, the suspect was leaving the building. She was wearing a green coat, a brown hat, dark glasses and high-heeled shoes. The heels were so high that she wasn't walking very quickly. I followed the suspect and she suddenly stopped outside the door of a shop. She was looking around very suspiciously so I hid behind a dustbin. When she thought the coast was clear, she entered the building. While I was waiting for her to come back out, I crossed the road and bought a hotdog for lunch. But just as I was paying for it, the suspect came out of the door and started to run down the road. I wasn't expecting that so I threw my lovely hotdog in the bin and ran after her down the road. But there was no sign of her...

## **TRACK 26**

### **Unit 6, exercise 2, page 40**

At first, I couldn't find her, but suddenly, I saw her. She was jumping into a taxi and I was jumping into another behind her and shouting: "Follow that cab!".

## **TRACK 27**

### **Unit 7, exercise 4, page 43**

Don't know what to do with your free time?  
Come to your local youth club – we have a lot of activities for you to do.  
You could learn the piano – we have a musical evening every Wednesday with our best performers.  
You could go hiking – we have excursions to the mountains or lakes every Sunday.  
If you prefer not to walk, but you want an excursion, you could go horse riding – we regularly take large and small groups out to the hills.  
Perhaps you want to communicate with someone from another country? You could learn a language – we have classes on Mondays and Thursdays.  
Do you have a racquet? You could play tennis with us – the court is always available.  
Perhaps you want to exercise your mind? You could play chess with our local champion – you could be the first person to beat him!

## TRACK 28

### Unit 7, exercise 5, page 43

**Sarah:** Mum, Ferdinanda is competing in her first major race on Thursday – can I go?  
**Mum:** Yes, of course you can. She's a good friend of yours.  
**Sarah:** Great! She could win! And there's a strong man on Tuesday. Could I go to that?  
**Mum:** How much are the tickets?  
**Sarah:** I could win them in the newspaper competition!  
**Mum:** Ok, send them an email.  
**Sarah:** On Friday there's a great film...  
**Mum:** But on Friday you have piano lessons!  
**Sarah:** Oh Mum, could I go to the film instead? Please?

## TRACK 29

### Unit 7, exercise 1, page 44

1

**Shop assistant** Can I help you?  
**Girl** Yes, can I try on this blue dress?  
**Shop assistant** Yes, of course you can.  
**Girl** Very nice! Can I pay by credit card?  
**Shop assistant** Sorry, no, you can't.

2

**Mum** Can you help me tidy up?  
**Boy** Sorry, I can't, I'm doing my homework  
**Mum** You can do that later. I only need you for 10 minutes.  
**Boy** OK!

3

**Girl** Can I go to the cinema on Friday?  
**Mum** No, you can't! You went last night!  
**Girl** But it's Ron Rubik's new film! I can't miss it!  
**Mum** You can go on Sunday.

**4**  
**Boy** Can we have ice cream for dessert?  
**Mum** Eat your dinner – you can't have desert before finishing!  
**Boy** Ok, but can we have ice cream?  
**Mum** Yes, you can!

### **TRACK 30**

#### **Unit 7, exercise 1, page 46**

**Paul** Wow! That's a great prize! And we could be the winners!  
**Jane** No, we couldn't – we never win anything!  
**Paul** Well, let's enter... You never know...  
**Jane** Ok... Hmm, we could go anywhere in Britain?  
**Paul** Yes! Think about it... London... We could ride the London Eye.  
**Jane** Sounds good... Or we could go to Wales.  
**Paul** Wales? But London is much more exciting!  
**Jane** Yes, but my uncle lives there, this is the only way I could see him before Christmas...  
**Paul** Hmm... I suppose we could go to Wales...

### **TRACK 31**

#### **Unit 7, exercise 5, page 47**

A good cook could cook as many cookies as a good cook who could cook cookies.

### **TRACK 32**

#### **Unit 8, exercise 4, page 49**

Buying the party food.  
Decorating the room.  
Giving presents.  
Making costumes.  
Making invitations.  
Organising the music.  
Receiving presents.

## **TRACK 33**

### **Unit 8, exercise 5, page 49**

- Ann** I'm so excited about the party!
- Tom** Me too! I love buying the party food and decorating the room for the party.
- Ann** Do you? I really like making costumes and invitations.
- Tom** I don't like giving presents though, because I never know what to buy!
- Ann** I quite like giving and receiving presents, but I hate organising the music!
- Tom** Oh, I love organising the music because I'm a great DJ!

## **TRACK 34**

### **Unit 8, exercise 4, page 51**

One day Jonnie got up very late. That was because the day before he got tired playing football. When he saw the time, he got worried because that day his best friend was getting married. So he quickly got dressed up to go to the wedding, but on the way there in the car he got lost. "Oh, dear!", he thought, "I'm really getting old! I can't remember anything!"

## **TRACK 35**

### **Unit 8, exercise 1, page 52**

Friendship day is celebrated in August in the USA when people spend time with their friends and give them presents like friendship bands.

Eid el-Fitr is a Muslim festival at the end of Ramadan, when everyone spends time with their families, praying, eating and giving presents of money and clothes to the children.

Diwali is the Hindu festival of lights, when everybody cleans, and decorates their houses with flowers and candles and eat special food with their families.

Songkran is the water festival to mark the New Year in Thailand, when people throw water at each other, buy new clothes, have big parties and eat delicious food.

Hanukkah is the Jewish festival of lights, when people celebrate by burning oil and lighting candle, by giving and receiving presents, playing games and eating fried foods.

Hogmanay is a Scottish tradition when everybody gets ready for the New Year by cleaning their houses and celebrating with food and drink at a big party.

## **TRACK 36**

**Unit 9, exercise 1, page 54**

- David** Hey Tracy! Can you see me?  
**Tracy** Yes!  
**David** This is great! Are you getting ready for school next week?  
**Tracy** Yes, I'm going to be great at languages!  
**David** Why? Did you go abroad this summer?  
**Tracy** No, I'm spending the weekend at a language campus with my brother Richard. We're staying there for three days!  
**David** Three days? Are you leaving tomorrow?  
**Tracy** Yes, and we're coming back on Sunday. Mum and Dad are driving us there, and they're renting a house near the campus – there's a beautiful lake there and Dad's going to go fishing every day.  
**David** Good! What languages are you going to learn?  
**Tracy** Well, I wanted to learn Spanish, but then I decided to study French.  
**David** Oh, you're going to impress your teacher on Monday!  
**Tracy** Ha ha!  
**David** You're going to miss the party on Saturday.  
**Tracy** Party? What party?  
**David** Well...

**TRACK 37**

**Unit 9, exercise 4, page 55**

Back to school on Monday... Well, I'm going to have a great last weekend! I'm getting up early on Saturday, because Mum is taking me shopping – we're going to buy lots of new clothes! We are visiting Gran in the afternoon, and then I'm meeting my best friend in town – we're going to a disco! I'm going to sleep all morning on Sunday, and Dad is making lunch – he doesn't make lunch very often, so this is a big event! We're seeing Rob Lawton's new film at the cinema at 6.30, and then I'm going to go to bed early – I want to be ready for Monday...

**TRACK 38**

**Unit 9, exercise 4, page 59**

Are you going to get a grizzly or is a grizzly going to get you?

Are you gonna get a grizzly or is a grizzly gonna get you?